

Yoga Classes

Group Class Timetable

Saturday 11am (60 min)

Goodlife Health Club, Cnr Tooronga Rd & High Street, Glen Iris

Sunday 10am (75 min)

Ashburton Pool and Recreation, 8 Warner Ave, Ashburton

New Class

Monday 10am (75 min)

Burnley Backyard, 49 Tudor Street, Richmond

Wednesday 5.30pm (60min)

The Yoga Lab, 494 Lygon Street, Brunswick East

Private Tuition

Individual in Richmond

1 hour Yoga class \$85

1.5 hour Yoga class \$115

Individual in your home

Contact me for details

Workplace Classes and Mentoring

Contact me to discuss your needs

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